



Spring Cleaning: A Fresh Start

Refresh your home and your English skills with this decluttering guide.

NAME:

DATE:

INSTRUCTIONS



Getting Started

Spring cleaning is more than just tidying up; it is a chance to reset your living space for the season ahead. Look at the image and discuss: *What is the most difficult room in your house to keep organized and why?*



Decluttering Strategy

Categorize your items to make the cleaning process more manageable. Fill in the table with examples for each category.

Category	Definition	Example Item
Keep	Items you use daily or that bring joy.	
Donate	Items in good condition you no longer need.	
Recycle	Paper, plastic, or glass to be repurposed.	
Discard	Broken or damaged items that cannot be fixed.	

 **The Benefits of Minimalism**

Fill in the blanks using the words from the bank below to complete the paragraph about the benefits of a tidy home.

charity

clear

tasks

foundation

When we clear the clutter, we often find that our minds feel more _____ (1). A tidy environment reduces stress and helps us focus on our daily _____ (2). Instead of spending hours looking for lost keys or papers, we can spend our time on hobbies or with family. Many people find that donating items to _____ (3) gives them a sense of purpose. Ultimately, spring cleaning is a _____ (4) for a more productive and peaceful life.

 **Quick Review**

Answer the following questions about cleaning habits and vocabulary.

What is a phrasal verb meaning to clean something thoroughly?

Why is it important to declutter before you start cleaning?

What does 'minimalism' mean in the context of home decor?

Name one item you should never keep in your house.

✓ True or False?

Decide if the following statements about spring cleaning are true or false.

1 You should try to clean every single room in one day.

 T F

2 Donating items is a sustainable way to declutter.

 T F

3 Cleaning products should always be kept in a high, locked cabinet.

 T F

4 It is impossible to feel relaxed in a clean house.

 T F