

# High-Speed Thrills: F1 and NASCAR Racing

Date: May 3, 2026 Topic: Racing Vocabulary: Formula 1 and NASCAR Feel the thrill of high-speed racing whi...

## LEARNING OBJECTIVES

- Identify and use key vocabulary related to Formula 1 and NASCAR racing.
- Apply intensifiers and action verbs to describe high-speed sporting events.
- Compare and contrast different racing styles using specific technical terminology.

## VOCABULARY

Word	Definition	Example
<b>circuit</b> (noun)	A track used for racing, often in a complete loop.	<i>The Silverstone circuit is famous for its high-speed corners.</i>
<b>lap</b> (noun)	One complete trip around a race track.	<i>He set the fastest lap of the race in the final minutes.</i>
<b>aerodynamics</b> (noun)	The study of how air moves around objects like cars.	<i>Better aerodynamics help the car stay stable at high speeds.</i>
<b>pit stop</b> (noun)	A pause during a race for refueling or changing tires.	<i>The team performed a perfect pit stop in under three seconds.</i>
<b>overtake</b> (verb)	To catch up with and pass another car in a race.	<i>It is very difficult to overtake on such a narrow track.</i>
<b>podium</b> (noun)	A small platform for the top three finishers of a race.	<i>The driver was happy to stand on the podium after the race.</i>
<b>chassis</b> (noun)	The base frame of a motor vehicle.	<i>The mechanics inspected the chassis for any signs of damage.</i>
<b>draft</b> (verb/noun)	To drive closely behind another car to use its slipstream.	<i>In NASCAR, drivers often draft to gain more speed.</i>

## GRAMMAR & KEY CONCEPTS

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### Using Intensifiers

Intensifiers are adverbs used to add emphasis to adjectives. Common intensifiers include 'incredibly', 'extremely', 'really', and 'absolutely'.

- *The race was incredibly fast.*
- *F1 cars are extremely expensive to build.*
- *The driver was absolutely exhausted after the race.*

### Action Verbs in Sports

Action verbs describe physical or mental actions. In racing, we use specific verbs to show movement and competition.

- *The driver accelerated out of the corner.*
- *He steered the car through the narrow chicane.*
- *The team shifted their strategy mid-race.*

## READING PASSAGE

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The world of motorsports is incredibly exciting for fans globally. In Formula 1, drivers navigate a complex **circuit** with sharp turns and narrow paths. Every single **lap** requires intense focus and physical endurance. To win, engineering teams must master **aerodynamics** to ensure the car cuts through the wind efficiently. During the race, a lightning-fast **pit stop** is essential; even a one-second delay can cost the victory. Drivers constantly look for the perfect moment to **overtake** their rivals on long straights to reach the **podium**. In contrast, NASCAR features cars where the **chassis** is based on production vehicles. These drivers use a technique called a **draft**, where they follow closely behind another car to reduce wind resistance and save fuel. Whether it is the technical precision of F1 or the wheel-to-wheel action of NASCAR, both sports demand extreme skill. Watching a car accelerate at such speeds is truly a breathtaking experience for any spectator.

## PRACTICE EXERCISES

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1. Which word refers to the frame of the car?

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- A) chassis
- B) circuit
- C) lap
- D) podium

2. What do drivers do when they want to pass another racer?

- A) draft
- B) overtake
- C) pit stop
- D) lap

3. Where do the top three winners stand after the race?

- A) circuit
- B) chassis
- C) podium
- D) pit stop

4. What is a complete loop around the track called?

- A) lap
- B) draft
- C) overtake
- D) circuit

5. Which term describes the study of air movement?

- A) aerodynamics
- B) chassis
- C) circuit
- D) draft

6. The driver entered the \_\_\_\_\_ to change his worn-out tires.

7. In NASCAR, drivers use the \_\_\_\_\_ to save fuel and go faster.

8. Monaco is one of the most famous street \_\_\_\_\_ in Formula 1.

9. The car's \_\_\_\_\_ was redesigned to be lighter and stronger.

10. She managed to \_\_\_\_\_ three cars in the final corner.