



Inside the Game: American Football

Mastering the vocabulary of the gridiron for ESL learners.

NAME:

DATE:

INSTRUCTIONS

Introduction

American football is a popular sport in the United States. To understand the game, you need to know the basic equipment, the people on the field, and how to score points. Look at the photo and prepare to learn the essential terms used by fans and players alike.



Vocabulary Breakdown

Define these key terms in your own words or translate them into your native language.

Term	Category	Definition / Translation
Quarterback	Player	_____ _____ _____
Helmet	Equipment	_____ _____ _____
Coach	Staff	_____ _____ _____
Touchdown	Scoring	_____ _____ _____

 **The Game in Action**

Fill in the blanks using the words from the bank below.

field

coach

helmet

touchdown

The game takes place on a large grass _____. Each team has a _____ who tells the players what to do. Before the game starts, every player must put on their protective _____ to stay safe. During the game, the team tries to move the ball to the end of the field to get a _____. If they succeed, the fans cheer loudly!

 **Rapid Review**

Answer the following questions about football basics.

What do you call the person who throws the ball?

What is the name of the area where the game is played?

What does a player wear to protect their head?

Who is the leader of the team?

✓ True or False?

Read the statements and decide if they are True or False.

1 A touchdown is worth 6 points.

 T F

2 Players do not need to wear helmets.

 T F

3 The coach helps the team with strategy.

 T F

4 American football is played on a court.

 T F