

# Friends: Break-up Vocabulary and Speaking

Date: May 5, 2026    Topic: Friends: Break-up Vocabulary This lesson plan for adults and teens is inspired b...

## LEARNING OBJECTIVES

- Identify and use common phrasal verbs related to romantic relationships and break-ups.
- Describe a sequence of events in a story using target vocabulary.
- Express opinions on relationship scenarios using intermediate-level speaking skills.

## VOCABULARY

Word	Definition	Example
<b>be on a break</b> (phrase)	to take a temporary pause in a romantic relationship	<i>They decided to be on a break to think about their future.</i>
<b>split up</b> (phrasal verb)	to end a romantic relationship permanently	<i>After ten years of marriage, the couple decided to split up.</i>
<b>dump</b> (verb)	to suddenly end a relationship with someone, often unkindly	<i>He was shocked when his girlfriend decided to dump him over text.</i>
<b>get over</b> (phrasal verb)	to stop feeling sad about a relationship that has ended	<i>It took her nearly a year to get over her first love.</i>
<b>move on</b> (phrasal verb)	to start a new stage in life after a difficult experience	<i>After the divorce, he found it hard to move on and date again.</i>
<b>see someone</b> (phrase)	to be dating someone regularly but perhaps not seriously yet	<i>Is Sarah still seeing someone from her office?</i>
<b>make up</b> (phrasal verb)	to become friends or partners again after an argument	<i>They fight every day, but they always make up by the evening.</i>
<b>fall in love all over again</b> (phrase)	to experience strong romantic feelings for the same person again	<i>Seeing him after five years made her fall in love all over again.</i>

## GRAMMAR & KEY CONCEPTS

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### Relationship Phrasal Verbs

Phrasal verbs are verbs combined with particles (prepositions or adverbs) that create a new meaning. In relationship contexts, these are often used to describe emotional transitions.

- *Split up (to end)*
- *Get over (to recover)*
- *Make up (to reconcile)*

## READING PASSAGE

Ross and Rachel are the most iconic couple from the TV show 'Friends'. Their relationship was famous for being complicated. At one point, after a huge argument, Rachel suggested they should **be on a break**. Ross was confused and thought they had officially **split up** for good. Because of this misunderstanding, he spent the night with someone else. When Rachel found out, she decided to **dump** him immediately. It took a long time for them to **get over** the pain of that night. For many seasons, they both tried to **move on** and even began to **see someone** else to forget their past. However, they couldn't stay away from each other. Every time they would **make up**, something else would go wrong. Despite the years of drama, fans always hoped they would **fall in love all over again**. In the end, they realized they were meant to be together forever.

## PRACTICE EXERCISES

### 1. What does it mean to 'be on a break' in the show Friends?

- A) A temporary pause in the relationship
- B) Getting married
- C) Moving to a new city
- D) A permanent end to the relationship

### 2. If you 'dump' someone, who ends the relationship?

- A) Both people
- B) The other person
- C) You do
- D) A third party

### 3. Which phrasal verb means to start dating again after a break-up?

- A) Split up
- B) Move on
- C) Make up
- D) Break in

**4. When you 'make up' with a partner, you are:**

- A) Fighting more  
B) Resolving a conflict  
C) Leaving the house  
D) Buying a gift

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**5. If Ross is 'seeing someone', what is he doing?**

- A) Dating them  
B) Watching them from afar  
C) Arguing with them  
D) Ignoring them

**6. They were so happy that they felt they could \_\_\_\_ (4 words) with each other.**

**7. It is hard to \_\_\_\_ (2 words) your ex when you see them every day at work.**

**8. Did they \_\_\_\_ (2 words) because of the distance or the fighting?**

**9. I don't want to \_\_\_\_ (1 word) him, but I don't think this is working.**

**10. We are just going to \_\_\_\_ (4 words) for a month to clear our heads.**